

# WHAT IS TRANSCRANIAL MAGNETIC STIMULATION (TMS)?

Transcranial Magnetic Stimulation (TMS) is an entirely new approach to treating patients with major depression who have failed to respond to, or are unable to use traditional medication.

Using magnetic pulses, this treatment stimulates an area of the brain that regulates emotion and mood.

TMS is a non-invasive, non-drug, outpatient treatment.



## LEARN MORE

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## A NEW HOPE FOR DEPRESSION

TMS: A Clinically Proven  
Treatment for Major Depression

## WHAT SHOULD I EXPECT DURING TREATMENT?

Appointments last roughly 40 minutes.

TMS lasts on average, for 36 sessions. Patients should expect to come in 5 days a week for 6 weeks with 3 weeks of tapering sessions.

Treatments do not effect patients' mental or physical abilities, so patients may immediately resume normal activities, drive, and return to work.

## WHAT ARE THE SIDE EFFECTS?

TMS is well-tolerated and does not have the same side effects as tradition medication.

The most common side effect is pain or discomfort near the treatment site.

# LET THIS NEW TREATMENT BRING YOU HOPE

## WHAT ARE THE BENEFITS OF TMS?

- Effective non-drug treatment
- Safe, non-invasive therapy
- No systemic side effects
- FDA approved for Major Depressive Disorder



### "TMS THERAPY LITERALLY SAVED MY LIFE"

Martha Rhodes

## IS TMS RIGHT FOR ME?

If you are a patient suffering with depression and have not found a satisfactory treatment with anti-depressants, TMS can offer hope and may be the next best step for you.

## WHAT IS THE RESPONSE RATE FOR TMS?

A study of 307 patients who had failed on average 2.5 medication trials, received an average of 28.3 TMS therapy sessions over an average of 42 days. This study showed that 58% of patients responded positively to TMS therapy and 37.1% of patients went into remission. [1]

[1] Carpenter, Let al. Transcranial Magnetic Stimulation (TMS) for Major Depression: A multisite, naturalistic, observational study of acute treatment outcomes in clinical practice (2012)